



*The Burlington County Health Department recommends flu shots for all school age children. Please check with your child's physician to find out if this vaccination could benefit your child.

*We are involved in flu surveillance with the County Health Department. It would assist us if parents would report the physical symptoms their child is experiencing when calling to notify us of an absence.

*If your child is absent due to illness, please keep these guidelines in mind when determining if your child is well enough to return to school.

- Your child should be "fever free" for 24 hours. Many times with illness, temperatures rise in the afternoon, indicating infection which can be contagious. Please be sure your child has had a normal temperature without taking Tylenol or ibuprofen for 24 hours prior to returning to school.
- Your child should be able to tolerate a regular diet without stomach upset. It is also important that they are not experiencing abdominal cramping or loose stools when returning to school.
- If your child has been diagnosed with an infection requiring antibiotics, like strep throat or pink eye, they must be on antibiotics for 24 hours prior to returning to school. This assures their comfort and lessens risk of infection to classmates.
- For children with upper respiratory infections like the common cold, please reinforce good hand hygiene and respiratory etiquette (cover a cough or sneeze). At the direction of the Health Department, children will be instructed to cough or sneeze into their elbow to keep hands clean and cut down on the spread of germs.

*If you have any questions about your child's health in school, please contact your child's school nurse for further assistance