

T2 Running Club



April 4, 2017

Dear TES Parents/Guardians,

TES offers a fun running program during SPA (recess). Our goals for the program are to promote physical fitness and to continue to encourage students to engage in constructive lunch SPA activities. How does the T2 Running Program work?

- First, it's voluntary. Students do not have to participate unless they choose to do so.
- A $\frac{1}{4}$ mile running/walking course will be set up on the school grounds.
- Students may choose to walk, run, or do a combination of both around the course. They can do as many laps as they would like during a SPA period.
- As a student completes a lap, one of our parent volunteers will hand them a Popsicle stick.
- For every mile completed a student will receive a paw necklace charm.

The dates we will be doing T2 for the spring are 4/28, 5/5, 5/12, 5/19 & 6/9.

Sincerely,

Dr. Paterson