



# Tabernacle School District

132 New Road, Tabernacle, NJ 08088

## COVID-19 Symptom / Close Contact and Exposure Information

**Dear Parents/Guardians: Please review the information below**

Any of the symptoms below could indicate a COVID-19 infection and may put students at risk for spreading illness to others. Please note that this list does not include all possible symptoms and individuals with COVID-19 may experience any, all, or none of these symptoms.

Always keep your child at home if they have a fever. However, if two or more of the fields in column A are present or at least one field in column B is present, please keep your child home for 10 days or provide a negative COVID-19 test result to the School Nurse.

Two of the following symptoms (Column A)	One of the following symptoms (Column B)
Sore throat <input type="checkbox"/>	Cough <input type="checkbox"/>
Chills <input type="checkbox"/>	Shortness of Breath <input type="checkbox"/>
Congested or runny nose <input type="checkbox"/>	Difficulty Breathing <input type="checkbox"/>
Headache <input type="checkbox"/>	New Loss of Smell <input type="checkbox"/>
Fatigue <input type="checkbox"/>	New Loss of Taste <input type="checkbox"/>
Muscle or body aches <input type="checkbox"/>	
Fever <input type="checkbox"/>	
Nausea or Vomiting <input type="checkbox"/>	
Diarrhea <input type="checkbox"/>	



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## Close Contact / Potential Exposure

**Unless vaccinated: If any of the fields below apply, your child must remain home and contact your School Nurse.**

Your child has had close contact (within 6 feet of an infected person for 15 or more minutes during a 24 hour period) with a person with confirmed COVID - 19.

Someone in your household is diagnosed with or being tested for COVID-19.

## Isolation / Quarantine General Guide

**Positive Covid:** Isolate for 10 days

**Close Contact Orange (High Risk):** Quarantine for 14 days if UNvaccinated. Vaccinated students do not need to quarantine if symptom free.

**Close Contact Yellow or Green (Moderate-Low Risk):** Quarantine for 10 days unless negative test on day 5-7 if UNvaccinated. Vaccinated students do not need to quarantine if symptom free.

**Please remember to contact your School Nurse for guidance**

Barbara Wisniewski RN, BSN, NJ-CSN  
TES School Nurse